

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
	1	Fritzenschaft, Julian	91	Tri Team Hamburg	0:16:39 h	1	0:56:28 h	1	1:13:07 h	1	0:29:24 h	1	1:42:31 h	M 30	90
	2	Zogmann, Florian	93	Triathlon Team Hamburg	0:16:51 h	2	1:02:52 h	5	1:19:43 h	3	0:31:00 h	2	1:50:43 h	M 30	26
	3	Landgraf, Stefan	86	Tri Michels Hamburg	0:18:39 h	4	1:00:41 h	2	1:19:20 h	2	0:32:22 h	4	1:51:42 h	M 35	32
M	4	Paustian, Till	96	Triathlon Team Hamburg	0:18:44 h	8	1:02:43 h	4	1:21:27 h	5	0:32:12 h	3	1:53:39 h	M 25	15
	5	Richter, Eugen	81	Tri Michels Hamburg	0:18:39 h	4	1:03:21 h	8	1:22:00 h	6	0:33:43 h	7	1:55:43 h	M 40	27
M	6	Altinger, Aron	92	Triathlon Team Hamburg	0:17:37 h	3	1:06:14 h	13	1:23:51 h	9	0:33:11 h	6	1:57:02 h	M 30	4
	7	Steinke, Philipp	79	SG Wasserratten Nordersted	0:19:36 h	10	1:03:56 h	9	1:23:32 h	7	0:35:15 h	8	1:58:47 h	M 45	19
M	8	Kassner, Ulrich	80	Triabolos Triathlon Hamburg	0:21:03 h	17	1:03:02 h	6	1:24:05 h	10	0:36:32 h	12	2:00:37 h	M 40	74
S	9	Sportfreunde Wigger		Wigger, Precht, Nobis	0:20:35 h	13	1:03:05 h	7	1:23:40 h	8	0:36:58 h	13	2:00:38 h	Staffel-M	404
	10	Schulze, Sven	78	Triathlon Team Hamburg	0:19:48 h	12	1:05:01 h	10	1:24:49 h	11	0:36:05 h	10	2:00:54 h	M 45	67
M	11	Oettinger, Annika	88	Triabolos Hamburg	0:18:41 h	6	1:09:28 h	17	1:28:09 h	14	0:33:06 h	5	2:01:15 h	W 35	80
B	12	Paulu, Marvin	90	Triathlon Team HH / BSG Airt	0:19:44 h	11	1:01:09 h	3	1:20:53 h	4	0:41:36 h	26	2:02:29 h	M 30	1
	13	Friedrichsen, Nils	78	SG Wasserratten Nordersted	0:20:58 h	16	1:05:52 h	12	1:26:50 h	12	0:38:17 h	17	2:05:07 h	M 45	40
	14	Wesche, Henning	86	TuS Hasloh	0:22:18 h	21	1:05:36 h	11	1:27:54 h	13	0:40:30 h	24	2:08:24 h	M 35	47
S	15	Laktat-Tolerant		Scheer, Frenkel, Schiller	0:20:52 h	15	1:08:28 h	15	1:29:20 h	15	0:39:55 h	21	2:09:15 h	Staffel-M	410
	16	Hoos, Timo	94	Triathlon Team Hamburg	0:19:26 h	9	1:12:16 h	19	1:31:42 h	17	0:38:07 h	16	2:09:49 h	M 30	3
S	17	Team Fly High Elite		Böttger, Decker, Battermann	0:25:19 h	38	1:07:20 h	14	1:32:39 h	19	0:40:08 h	23	2:12:47 h	Staffel-M	413
	18	Renno, Christian	99	FC St.-Pauli	0:20:50 h	14	1:15:56 h	27	1:36:46 h	22	0:36:03 h	9	2:12:49 h	M 25	91
S	19	Smooth Operators		Oldehaver, Homfeld, Oldehav	0:21:04 h	18	1:09:09 h	16	1:30:13 h	16	0:43:42 h	33	2:13:55 h	Staffel-M	406
	20	Küsel, Benjamin	82	TriEMTV Elmshorn	0:22:47 h	26	1:09:34 h	18	1:32:21 h	18	0:41:43 h	27	2:14:04 h	M 40	65
	21	Laurisch, Wolf	72	Tri Michels Hamburg	0:21:33 h	19	1:13:27 h	21	1:35:00 h	20	0:39:29 h	18	2:14:29 h	M 50	7
S	22	TuS Holstein Quickborn 1		Seemann, Arndt	0:21:34 h	20	1:16:57 h	30	1:38:31 h	26	0:36:23 h	11	2:14:54 h	Staffel-M	430
M	23	Hauck, Michael	75	Triathlon Team HH Hochschu	0:22:42 h	25	1:14:38 h	24	1:37:20 h	23	0:39:33 h	20	2:16:53 h	M 45	2
	24	Rose, Lennart	92	Quickborn	0:22:35 h	22	1:17:01 h	32	1:39:36 h	28	0:37:40 h	15	2:17:16 h	M 30	13
M	25	Habekost, Martin	65	Triabolos Triathlon Hamburg	0:22:41 h	23	1:17:14 h	33	1:39:55 h	30	0:39:32 h	19	2:19:27 h	M 55	88
	26	Meyer, Rene	76	Alveslohe	0:23:51 h	30	1:15:58 h	28	1:39:49 h	29	0:40:02 h	22	2:19:51 h	M 45	73
M	27	Goldberg, Monika	73	Team Triathlon HH Hochschu	0:23:47 h	29	1:14:39 h	25	1:38:26 h	25	0:42:04 h	29	2:20:30 h	W 50	10
S	28	Tri Michels Hamburg		Reimers, Feldmann, Messnei	0:24:32 h	33	1:18:29 h	35	1:43:01 h	35	0:37:39 h	14	2:20:40 h	Staffel-W	400
	29	Linn, Sven	84	VFL Pinneberg	0:24:40 h	34	1:13:38 h	22	1:38:18 h	24	0:42:37 h	31	2:20:55 h	M 40	23
S	30	Die Adams Family		Rößl, Rößl	0:18:42 h	7	1:22:48 h	48	1:41:30 h	31	0:40:34 h	25	2:22:04 h	Staffel-M	418
	31	Kriech, Beeke	89	SG Wasserratten Nordersted	0:26:42 h	45	1:12:46 h	20	1:39:28 h	27	0:44:29 h	36	2:23:57 h	W 35	37
	32	Mcintosh, Simon	87	Quickborn	0:22:41 h	23	1:13:51 h	23	1:36:32 h	21	0:47:35 h	43	2:24:07 h	M 35	51
	33	Moss, Ingo	74	SC Weyhe -Triathlon-	0:23:40 h	28	1:19:02 h	36	1:42:42 h	34	0:42:22 h	30	2:25:04 h	M 50	63
	34	Schulz, Matthias	79	Kaltenkirchener Turnerschaft	0:23:53 h	31	1:21:32 h	45	1:45:25 h	40	0:42:00 h	28	2:27:25 h	M 45	29
	35	Hutmacher, Leonie	91	Hamburg	0:26:59 h	47	1:16:38 h	29	1:43:37 h	36	0:46:16 h	38	2:29:53 h	W 30	24
	36	Dittrich, Holm	73	SV Fehmarn	0:23:11 h	27	1:24:39 h	53	1:47:50 h	46	0:42:39 h	32	2:30:29 h	M 50	81
	37	Peckmann, Carsten	67	Hamburg	0:26:03 h	43	1:19:21 h	38	1:45:24 h	39	0:45:24 h	37	2:30:48 h	M 55	64
	38	Schepers, Oliver	65	Bierchen o. S.	0:26:55 h	46	1:15:08 h	26	1:42:03 h	32	0:48:54 h	46	2:30:57 h	M 55	17
S	39	TuS Holstein Quickborn 2		Kranz, Kranz	0:24:31 h	32	1:22:51 h	49	1:47:22 h	43	0:44:15 h	35	2:31:37 h	Staffel-M	402
	40	Rudahl, Kevin	01	TuS Hasloh	0:24:45 h	35	1:17:52 h	34	1:42:37 h	33	0:49:13 h	48	2:31:50 h	M 20	92

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
41	Rothe, Michael	78	Kaltenkirchener Turnerschaft	0:24:47 h	36	1:20:10 h	41	1:44:57 h	38	0:47:29 h	42	2:32:26 h	M 45	35	
42	Pergande, Katharina	94	Quickborn	0:25:49 h	40	1:19:36 h	39	1:45:25 h	40	0:47:23 h	41	2:32:48 h	W 30	12	
43	Steinke, Nadine	83	SG Wasserratten Nordersted	0:25:47 h	39	1:23:06 h	50	1:48:53 h	48	0:43:57 h	34	2:32:50 h	W 40	18	
44	Mahlstedt, Susanne	64	Tri-Sport Lübeck	0:26:09 h	44	1:21:18 h	43	1:47:27 h	45	0:48:36 h	45	2:36:03 h	W 60	72	
45	van den Berg, Christiaan	90	Hamburg	0:25:58 h	42	1:20:44 h	42	1:46:42 h	42	0:49:55 h	51	2:36:37 h	M 30	86	
46	Jacobs, Christian	66	SG Wasserratten Nordersted	0:27:13 h	49	1:20:09 h	40	1:47:22 h	43	0:49:34 h	50	2:36:56 h	M 55	50	
47	Storch, Friederike	95	Tri-Force Fulda	0:25:56 h	41	1:22:13 h	46	1:48:09 h	47	0:48:54 h	46	2:37:03 h	W 25	85	
48	Paulsen, Kathrin	87	Hamburg	0:27:37 h	50	1:16:58 h	31	1:44:35 h	37	0:52:50 h	54	2:37:25 h	W 35	25	
49	Rohleder, Dina	78	Triabolos Hamburg	0:27:11 h	48	1:23:15 h	51	1:50:26 h	52	0:47:44 h	44	2:38:10 h	W 45	57	
M	50	Kittner, Lea	94	Triathlon Team HH Hochschu	0:27:38 h	51	1:21:19 h	44	1:48:57 h	49	0:51:04 h	53	2:40:01 h	W 30	36
51	Dunkel, Kristina	78	SG Wasserratten Nordersted	0:27:45 h	53	1:22:29 h	47	1:50:14 h	51	0:50:01 h	52	2:40:15 h	W 45	30	
52	Kohlstrunk, Nicole	77	Hamburg	0:25:09 h	37	1:30:37 h	55	1:55:46 h	54	0:46:35 h	39	2:42:21 h	W 45	39	
53	Gruber, Carsten	64	Barmbeker Laufinteressenge	0:28:56 h	55	1:24:30 h	52	1:53:26 h	53	0:49:30 h	49	2:42:56 h	M 60	8	
54	Oldehaver, Katja	65	SG Wasserratten Nordersted	0:27:41 h	52	1:29:33 h	54	1:57:14 h	55	0:46:43 h	40	2:43:57 h	W 55	31	
M	55	Spijker, Rüdiger	60	Tri Michels Hamburg	0:30:14 h	56	1:19:12 h	37	1:49:26 h	50	0:58:07 h	56	2:47:33 h	M 60	84
56	Rönn, Volker	58	Hamburg	0:28:17 h	54	1:31:49 h	56	2:00:06 h	56	0:54:42 h	55	2:54:48 h	M 65	21	